

Acne and Aging

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Adult acne remains a problem for many, and finding a solution that eliminates acne and reduces redness without damaging or drying out the skin is a challenge that millions face.

Statistics indicate that from 20% to 50% of adult women and 25% of adult men suffer from adult onset acne sometime in their lives. Many of the acne treatments adults use accelerate the appearance of prematurely aged skin by drying their skin and making their complexion look older than it actually is..

Leaving certain acne-fighting ingredients on your face or using alcohol-based toners can rob skin of moisture – one of the essential elements for a youthful, radiant complexion.

Dry, inflamed skin – scaly, craggy, red – is skin under stress. Stressed skin makes you look older. It can also cause more acne.

As people age, many begin to get a ruddy or reddish complexion. This can be exacerbated by acne and the redness it causes.

Adding a moisturizer, especially a “heavy” cream, can trigger more acne flare-ups.

The Meridian Acne Therapy System treats the problem with two powerful anti-bacterial agents to tame adult acne and reduce redness, and a light moisturizer to seal in hydration, helping it to look youthful, clear and radiant. It also contains key anti-oxidants proven to prevent the signs of premature aging.

For more information about the link between acne and skin that looks prematurely old, go to www.acneandaging.org